

Sanya Bower

SASH[®] *a caring
partnership*
SUPPORT AND SERVICES AT HOME

SASH IS...

Comprehensive health and wellness assessments

A trusted guide to help navigate
the health-care system

Person-centered, healthy-living planning

An informed team to help in crisis

Transition support after a stay in a hospital
or rehabilitation center

A community healthy living plan,
with programming based on proven practices

Wellness and nursing check-ins

Health coaching

Links to community health-team providers
and a broad support network

Personal connections and interventions
to combat isolation and loneliness